

PRACTICE RULES:

*NO JEWELRY

*NO FAKE NAILS

*MUST WEAR SOFT SOLED SNEAKERS

*PRACTICE ATTIRE MUST BE WORN (Stallions T-Shirts will be Handed Out when available.) Shorts, or any GT shirt preferred.

*ALL HAIR MUST BE PULLED BACK AWAY FROM FACE and into a ponytail on top of cheerleader's head.

*ALL CHEERLEADERS MUST WEAR BOWS TO PRACTICE. THIS SAME BOW WILL BE USED FOR FOOTBALL GAMES. *

*IT'S A GOOD IDEA TO BRING A WATER BOTTLE W/NAME ON IT.

*Be ON TIME for practice and be picked up PROMPTLY!!

*Please go to the bathroom BEFORE practice.

IMPORTANT

Please Join Our Facebook Group
GT Stallions Cheerleading

Here we will post important Practice or Game Day information. Whether it is about the weather conditions, field changes or upcoming events.

GT Stallions Executive Cheer Board

Contact Information can be found at:

www.gtstallions.com

GM Football Cheer: Janine Williams

GM of Competition Cheer: Angela Zbikowski

Secretary- Anne Vasinda

Treasurer- Charlene Bates

Fundraising Manager - Samatha Iannelli

Uniform Manager: Simone Spadafora

Social Media Manager: Tiffany Urso

Trustee- Katrina Mallon

Trustee- Elizabeth Chando

Trustee- Erica Mignano

Trustee- Carrie Goins



2023 GT STALLIONS CHEER COACHING STAFF

Tinies- 4,5 and 6 yrs

Janine

Williams/janine.williams3icloud.com

Freshman- 7-8yrs

Charlene [Bates/](#)

diamondg143@gmail.com

Sophomore- 9-10 yrs

Tiffany Urso/

Tiffanypancrazio@gmail.com

Juniors- 11-12 yrs

Anne Vasinda/Annevasinda@gmail.com

Seniors- 13-14yrs

Katrina Mallon/kmallon324@gmail.com



Stallions

The Gloucester Township Stallion Cheer Executive Board and Stallion Cheerleading Coaches would like to WELCOME YOU to GT Stallion Cheerleading. We are excited to begin the 2023 season and we look forward to working with you!

This brochure contains *important information* regarding the upcoming season. Please read it carefully and if you have any questions, please contact a board member or a coach. Thank you for choosing our organization. See you in August!

We are also looking for Volunteers, please let us know how you can help!

PRACTICE

WELCOME TO THE GT STALLIONS CHEERLEADING



REQUIRED PRACTICE ATTIRE:

Tues.	Wed.	Thurs.
2023 GT Tshirt	Any GT shirt or Plain white/navy T	2023 GT Tshirt
Blue or black Shorts/sweats	Blue or black Shorts/sweats	Blue or black Shorts/sweats
Sneakers with Soft sole	Sneakers with Soft sole	Sneakers with Soft sole
High ponytail WITH BOW	High ponytail WITH BOW	High ponytail WITH BOW

<u>Date</u>	<u>Location/Time</u>	<u>Notes</u>
August 1,2,3	Hickstown 6-8 PM	
August 8,9,10	Hickstown 6-8 PM	
August 15,16,17	Hickstown 6-8PM	**Parent Meeting August 15 th @ 7pm by the softball bleachers
August 22,23,24	Hickstown 6-8 PM	AUGUST 22 ND ALL BALANCES MUST BE PAID. Uniform deposit, Choreography Stunt clinic, Competition bow, sneakers and pink bow.
August 29,30,31	Hickstown 6-8 PM	
Week of Sept 5		Competition practice begins.
August 26, 27 September 9.10		Keep dates open for Choreography TBD
ALL CHEERLEADERS are required to be at EVERY game to cheer on the boys.		